



# OHIO RACEWALKER

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## Veteran Walkers Prevail Wth Record Times

Paris, France--There were no big surprises among the gold medalists in the racewalks at the World T&F Championships held here. Three seasoned veterans of international competition stepped to the top of the awards stand.. Russia's Yelena Nikolayeva, the 1996 Olympic gold medalist, finally struck gold again in the women's 20 Km, breaking the championship record in the process. Jefferson Perez of Ecuador walked the fastest 20 in history as he added World Championship gold to his Olympic and World Cup golds. And the seemingly unbeatable Robert Korzeniowski walked the fastest 50 km in history as he added his third World Championship victory to two Olympic golds (plus an Olympic gold at 20 Km)

In the men's 20, Spain's Francisco Fernandez went into the race as the favorite. Last year he walked a world's road best of 1:17:22 and earned the World number one ranking. And in this race he set out to prove his dominance setting the pace for the first 17 kilometers. But Perez, the hero of all Ecuador, was right with him. When Perez made his move with 3 km to go, Fernandez had no answer. By the finish, Perez was 39 seconds in front and 1 second under the Spaniard's former world best. Only Russia's Ilya Markov has scored a more decisive win in World Championship 20 Km history with his 45 second margin in 1995. Markov could manage only eighth today. Another threat for the title, Bernardo Segura of Mexico was on the sideline. The world record holder (1:17:25.6 on the track where records must be established) and two-time World Cup winner (1999 and 2001) did not satisfy the judges on this day, repeating his DQ in the 2000 Olympics.

Perez said he did not really expect to win, so to shave a second off the world best came as a huge surprise. He gave credit to Fernandez, who he said "made it very hard for me. He made the pace from an early stage and I was just trying to maintain my momentum. I was certainly not thinking about the world record at that stage. In fact, I did not even think I would win, so I can not tell you how happy I feel. I am so tired, but so happy. I have so much respect for Fernandez, and without him making it so hard for me I would not have broken the world best."

Perez retired after the 2000 Olympics to complete his degree in business management, but came back strongly last year to win the World Cup and, in a toss-up, get a number two world ranking behind Fernandez, who did not contest the Cup race. This race completed the triumvirate of World titles for the 30-year-old Ecuadorian hero--1996 Olympics, 1997 and 2002 World Cups, and now the World Championships. And, he was World Junior Champion in 1992--so make it an assortment of four.

He credits concentrating on high mileage in training for his strength at the finish. After the race, he said, "This victory means so much to the people of my country. We have poverty, we have starvation, but success in sport can lift people's spirits. It is the most important thing in many people's lives. It was a very difficult course, and the fast pace made it harder, but when you have people back home desperate for you to win, you have to work through the tiredness and the pain."



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Not to be lost in the performances of Perez and Fernandez were those of Russia's Roman Rasskazov and Mexico's Noe, who also pressed the pace and finished just 7 and 14 seconds behind Fernandez in a battle for the bronze. They had nearly a minute-and-a-half on the rest of the field.

The lone U.S. competitor, Kevin Eastler also covered himself with glory as he finished 18th in 1:22:25. Only Tim Lewis with a 1:21:48 in 1986 and a 1:22:17 in 1989 has gone faster among Americans. And Kevin becomes the first U.S. walker ever to achieve an Olympic A standard, which has been lowered to 1:22:30 for the 2004 Games. Coming into the season, he had a personal best of 1:26:38 from 2000. His 1:23:52 in the US Championships in June took care of that and today he made another whopping improvement. With Kevin still a couple of months short of his 26th birthday, there's no reason to believe further improvements aren't in his future.

Judging was apparently tight. (Or, some will probably say that the judges are finally doing their job. I even know some who would say that they should have tossed the whole field and maybe we can return to racewalking as it should be. But, that's another story discussed at length in the past and probably again in the future.) Anyway, there were nine disqualifications among the 38 starters, another seven in the women's 20, and an amazing in the 50. In addition to Segura, the 20 Km DQ list included Viktor Burayev and Vladimir Andreyev of Russia and Julio Martinez, Guatemala.

Turning to the women's race, the 37-year-old Nikolayeva took charge early and at 10 Km was leading Ireland's Gillian O'Sullivan and defending titlist Elisabetta Perrone by 20 seconds. She stretched the lead to 48 seconds over O'Sullivan with 5 Km to go. Russia's Tatyana Gudkova was now third as Perrone dropped out. The medal race was settled when Valentina Tsybul'skaya moved past Gudkova in the final stages. By the finish, the first five were well spread out. Nonetheless, there were eight under 1:30. Following O'Sullivan, who walked a brilliant race in chasing Nikolayeva, were Tsybul'skaya of Belarus, Russia's Gudkova, Romania's Claudia Stef, and Italy's Rossella Giordano.

Nikolayeva is the oldest World Champion in history, replacing Jamaica's Merlene Ottey who won the 200 meter dash at age 35 in 1995. Nikolayeva was first ranked in the world's top 10 in 1987 and has been there 10 times since, six times in the top three. But despite all that success, her only gold on the world stage was in the 1996 Olympic 10 Km. That was also the only year she was ranked number one. Perhaps she will repeat this year off this stellar performance.

And she has no plans to retire, intending to chase a third Olympic medal in 2004. "I may be 37," she says, "but you can see from today I am still healthy and fit, so perhaps I will try to regain my Olympic title next year. My plan today was to use the same tactics that brought me that Olympic gold medal in Atlanta, by trying to escape from my rivals."

This was her sixth try at World Championship gold and finally she succeeded. And despite her 42 second margin at the finish over, she noted: "I was not sure I would win until the very last moment. You can never be certain in racewalking because of the possibilities of disqualifications. I was disqualified two years ago in Edmonton, so it was a dream come true to finally become World Champion today. Obviously it became easier for me when Olimpiada Ivanova (the defending champion) dropped out early. I could see she had a problem with her hamstring and I really felt for her. It would have been great if we had two Russians on the podium, but it was not to be. I know

how she feels. I had a serious injury before Sydney, so could not try to defend my title. It is something we all go through, but if I can stay fit and healthy then Athens next year is a possibility."

For the U.S., Joanne Dow walked well, finishing in 1:36:32, not quite up to her performances in the Nationals and Pan Ams, but perhaps the three tough races in two months, particularly considering the conditions in the Pan Ams (see article later in this issue) and all of the travel in August, might have caught up with her.

Ivanova was not alone in dropping out on this sultry day. Seven of the 42 starters did so, and another 7 were disqualified. The drop outs were significant--besides Ivanova, the list included Olga Kardoplotseva, Kjersti Platzer, and Elisabetta Perrone. The DQs included Natalya Fedoskina and Norica Cimpean. All of these ladies had the potential to figure prominently as the race progressed.

In winning his third World Championship at 50, Poland's Robert Korzeniowski bettered his own world best of 3:36:39 set in last year's European Championships, by 36 seconds. He was pushed almost all the way by Russia's German Skurygin, who missed the old mark by just 3 seconds. Skurygin had won the 1999 World Championship race, but two years later was stripped of that honor on a doping charge. He came back last year with a second in the World Cup race. Led by Germany's Andreas Erm (3:37:46), three others were under 3:40 in easily the fastest race in history.

However, the glory all goes to Korzeniowski, who set the pace after the first 5 Km. At that point, seven walkers were already clear of the field as they went through in a somewhat leisurely 22:33 (a 3:45:30 pace, obviously not really leisurely, but these guys knew they would be going faster if they were to medal). Besides the three medalists, the lead pack included Latvia's Algars Fadejevs, Russia's Aleksey Voyevodin and Denis Nizhegorodov, and the leader, China's Chaohong Yu.

By 10 Km, Korzeniowski was leading in 44:33 with the lead pack still intact. The pack dwindled to six by 20 Km with Yu's disqualification, after passing 15 in 1:06:47 with Korzeniowski still leading.

At this point Korzeniowski made his move with Erm in pursuit. The pattern of the rest of the race had been set. The Pole opened a small gap and kept pushing. The Russians, until then chatting amongst themselves as they walked, rapidly adopted more serious expressions.

By 25 Km (1:50:14), Korzeniowski had six seconds on Erm and 30 on the Russians. Fadejevs had gone and Voyevodin was losing touch as Skurygin made his counter move. At 30 (2:11:20, a 2:10:6 for 5), Korzeniowski's lead over Erm had stretched to 18 seconds, and he had more than a minute over Skurygin. But, the Russian had saved his strength, and began to make up ground. He caught Erm and by 40 (passed by Korzeniowski in 2:53:36) was only 19 seconds back and 16 ahead of Erm. By now, Korzeniowski was looking worried, for the gap came down to eight seconds and then six at 45 Km (3:14:51).

But, Korzeniowski still had another gear. He turned the screws again in the final few kilometers to stave off the challenge. He entered the brightly lit Stade de France wearing sun glasses and a broad smile, crossing the line 39 seconds clear for a historic victory. He had covered the second half of the race in 1:45:49--5 X 5 Km in 21:10 with no intervals.

As noted earlier, there were 15 disqualifications in the race out of 39 starters. Another five did not finish. The most prominent DQs were Poland's Tomasz Lipiec, Latvia's Modris Liepins, New Zealand's Craig Barrett, and our own Curt Clausen, the bronze medalist 4 years ago.

"I had difficult moments, not really physically but mentally, because I knew I was on course for the world record and Skurygin was really strong. The crowd kept telling me to push harder and I did what I was told," said the 35-year-old, three-time World Champion following the race. "This is my third and last WC gold. I'll now say goodbye. I still enjoyed it and found new motivations, but next year is the last season I'll compete internationally. I had no other possibility than to set a new world best performance. The others kept pushing me, so I had to take a risk and pick up my speed. I never thought we would go this fast. It was surely the toughest race of my life. The last 12 Km, to



tell you the truth, I was afraid because I was walking the fastest 50 Km race ever, and the Russian was still catching up with me.

Results:

**Women's 20 Km, Aug. 24:** 1. Yelena Nikolayeva, Russia 1:26:52 2. Gillian O'Sullivan, Ireland 1:27:34 3. Valentina Tsybul'skaya, Belarus 1:28:10 4. Tatyana Gudkova, Russia 1:28:53 5. Claudia Stef, Romania 1:29:09 6. Rossella Giordano, Italy 1:29:14 7. Athanasia Gsoumeleka, Greece 1:29:34 8. Melanie Seeger, Germany 1:29:44 9. Susana Feitor, Portugal 1:30:15 10. Elisa Rigaud, Italy 1:30:34 11. Jane Saville, Australia 1:30:51 12. Olive Loughnane, Ireland 1:30:53 12. Sihui Xu, China 1:31:34 14. Kristina Saltanovic, Lithuania 1:32:13 15. Vera Santos, Portugal 1:32:43 16. Sonata Milusauskaite, Lithuania 1:32:58 17. Vira Zozulya, Ukraine 1:33:34 18. Geovana Irueta, Bolivia 1:33:42 19. Fatiha Ouali, France 1:34:01 20. Sabine Zimmer, Germany 1:34:08 21. Barbora Dibekova, Czech Rep. 1:34:44 22. Svetlana Tolstaya, Kazakhstan 1:35:11 23. Daniele Xirlan, Romania 1:36:02 24. Joanne Dow, USA 1:36:32 25. Ryoko Tadamasu, Japan 1:38:00 26. Gabrielle Gorst, New Zealand 1:38:51 27. Monica Svensson, Sweden 1:39:21 28. Teresita Collado, Guatemala 1:41:19 DQ--Hongjuan Song, China; Natalya Fedoskina, Russia; Yfang Yuan, Malaysia; Mi-jung Kim, Korea; Maria Cruz Diaz, Spain; Norica Cimpean, Romania; and Kelian Gao, China. DNF--Olga Kardopoltseva, Belarus; Kjersti Platzer, Norway; Elisabetta Perrone, Italy; Maria Gargallo, Spain; Maria Sanchez, Mexico; Maria Vasco, Spain; and Olimpiada Ivanova, Russia.

**Men's 20 Km, Aug. 24:** 1. Jefferson Perez, Ecuador 1:17:21 2. Francisco Fernandez, Spain 1:18:00 3. Roman Rasskazov, Russia 1:18:07 4. Noe Hernandez, Mexico 1:18:14 5. Luke Adams, Australia 1:19:35 6. Ivan trotskiy, Belarus 1:19:40 7. David Marquez, Spain 1:19:46 8. Ilya Markov, Russia 1:20:14 9. Jose David Dominguez, Spain 1:20:15 10. Alejandro Lopez, Mexico 1:20:24 11. Lorenzo Cavallero, Italy 1:20:34 12. Yevgeniy Misyulya, Belarus 1:20:38 13. Andre Hohne, Germany 1:20:44 14. Hatem Ghoul, Tunisia 1:21:12 15. Chaohong Yu, China 1:21:18 16. Michele Didoni, Italy 1:21:23 17. Joao Vieira, Portugal 1:22:07 18. Kevin Eastler, USA 1:22:25 19. Erik Tysse, Norway 1:22:43 20. Akinori Matzuzaki, Japan 1:24:22 21. Alessandro Gandellini, Italy 1:24:45 22. Predrag Filipovic, SCG 1:25:15 23. Xinde Xu, China 1:25:41 24. Sergio Galdino, Brazil 1:26:48 25. Feodosiy Chumachenko, Moldavia 1:27:27 26. Benjamin Kucinski, Poland 1:27:41 26. Jiri Malysa, Czech. Rep. 1:27:41 28. Allan Segura, CRC 1:30:53 29. Ronald Huayta, Bolivia 1:31:15 DQ--Dae-ro Lee, Korea; Eichu Yoshizawa, Japan; Bernardo Segura, Mexico; Julius Sawe, Kenya; Viktor Burayev, Russia; Julio Martinez, Guatemala; Vladimir Andreyev, Russia; Toshihito Fujinohara, Japan; and Veleri Borissov, Kazakhstan.

**Men's 50 Km, Aug. 27--**1. Robert Korzeniowski, Poland 3:36:03 2. German Skurygin, Russia 3:36:42 3. Andreas Erm, Germany 3:37:46 4. Aleksey Voyevodin, Russia 3:38:01 5. Denis Nizhegorodov, Russia 3:38:23 6. Jesus Garcia, Spain 3:43:56 7. Roman Magdziarczyk, Poland 3:44:53 8. Trond Nymark, Norway 3:46:14 9. Sergey Korepanov, Kazakhstan 3:47:42 10. Denis Langlois, France 3:49:05 11. Eddy Riva, France 3:53:18 12. German Sanchez, Mexico 3:53:24 13. Peter Korcok, Slovakia 3:54:12 14. Mikel Odriozola, Spain 3:56:27 15. Fredrik Svensson, Sweden 3:56:31 16. Spiridon Kastanis, Greece 3:56:41 17. Pedro Martins, Portugal 3:58:10 18. Bengt Bengtsson, Sweden 3:58:36 19. Tim Berrett, Canada 4:02:03 DQ--Tomasz Lipiec, Poland; Aigars Fadejevs, Latvia; Aiguo Bian, China; Modris Liepins, Latvia; Yinhang Wang, China; Jacob Sorensen, Denmark; Fumio Imamura, Japan; Milos Holusa, Czech Rep.; Marco Giungi, Italy; Craig Barrett, New Zealand; Grzegorz, Poland; Janos Toth, Hungary; Curt Clausen, USA; Chaohong Yu, China; and Peter Tichy, Slovakia. DNF--Jamie Costin, Ireland; Aleksandr Rakovic, CS; Francisco, Spain; Luis Garcia, Guatemala; and Miguel Rodriquez, Mexico.

## 10 Km Titles to Rohl and Clausen

Wilkes-Barre, Penn., Aug. 16 (From Al Heppner)--Michelle Rohl shook loose from quick-starting Teresa Vaill just before the 5 Km mark to win the USATF National 10 Km racewalk title in 48:01. Just a few minutes earlier, Curt Clausen, of the New York Athletic Club, finished whipping the men's field in 43:57.

Rohl and Vaill were out in 4:35 for the first kilometer and had already distanced themselves from the remainder of the field. "I wanted to push the pace early so I could get out in the lead and relax. I didn't want to walk harder than I had to," Rohl said. The early effort carried her past 5 Km in 23:43 with Vaill 10 seconds back. Rohl steadily stretched the lead from that point.

"I wanted to work on my form, so I wasn't really going for a fast time," said the veteran Vaill, now 40 years old. She won this race twice, in 1994 and 1995, going nearly 4 minutes faster than today each time. Vaill finished in 49:00, with Bobbi Jo Chapman third in 50:41.

Rohl added, "I backed off in the second half. It was pretty hot and humid and this is not a course for a personal best. I didn't want to get any calls and I'm running the 10 Km tomorrow. I'm not in great running shape, but we'll see where I'm at." (Ed. She finished sixth in that run on the same course in 39:19) In the walk, she won her 17th National title and her second at 10 Km.

Curt Clausen walked away from the men's field at the start. He held an 18-second lead after the first 2 Km lap and was 36 seconds ahead of Dave McGovern by 4 kilometers. "I wanted to go out and put some distance between myself and the competition and then cruise. I was hoping to walk faster, but this course is tough. Combined with the weather, it's not easy," Clausen said.

Al Heppner passed McGovern at 4.5 km, but still trailed Clausen at 5 km 21:45 to 22:22. The places held, with Heppner coming in second (44:47), McGovern third (46:10), and 1988 Olympian Gary Morgan fourth (48:39). (Ed. McGovern joined Rohl in running the next day, winning a 5 Km event in 18:10.)

Clausen also won national titles at this distance in 1996, 1997, 1999, and 2002. It was his 22nd US title overall. He is fast approaching USATF Hall of Famer Larry Young, who is third on the all-time list with 25.

Rohl and Clausen both took home \$1000 for their efforts. Rohl added \$100 with her sixth in the 10 Km run the next day. McGovern's efforts were good for \$400 both days.

Results: Men--1. Curt Clausen 43:57 2. Al Heppner 44:47 3. Dave McGovern 46:10 4. Gary Morgan (43) 48:39 5. Theron Kissinger 49:03 6. Nick Bdera (54) 49:22 7. Cliff Mimm (45) 50:08 8. Bill Vayo 50:26 9. John Soucheck 50:46 10. Steve Pecinovsky (48) 52:00 (Steve getting 10th in a National title at age 48 reminds of his first National title in 1977, when he won with a modest 49:46 with a less than stellar field present. I was sixth in that race with a 52:09 at age 42, and was apologetic that anyone of that age and at that speed should be in the top six at a national. Hey, Steve is 9 seconds faster than me 6 years later and he's only slowed a bit more than 2 minutes in 26 years. But, he was a whole lot faster in between.)

Women: 1. Michele Rohl 48:01 2. Teresa Vaill (40) 49:00 (And I bet she'll beat my 52:09 in 2 years) 3. Bobbi Jo Chapman 50:41 4. Sam Cohen 52:51 5. Loretta Schueller 55:32 6. Laura Feller 57:08 7. Cheryl Rellinger 57:54 8. Maria Michta (17) 58:02 9. Lee Chase (49) 58:27 10. Gloria Rawls (46) 58:37

## Pan American Games Racewalks

Santa Domingo, Domingo Republic--An impressive win by Jefferson Perez in the 20 Km prevented a Mexican sweep of the Pan-Am Games walking events. Joining Perez with golds were



Mexico's Victoria Palacios in the Women's 20 and German Sanchez in the 50. In the 20, Mexico's Bernardo Segura and Alejandro Lopez captured the silver and bronze medals.

With very high temperature and humidity, Perez struggled along with everyone else and was well satisfied with his time of 1:23:06 in such conditions. He noted that it was one of the most difficult races of his life, particularly in the closing minutes, which became a real struggle. Segura struggled, too, but his efforts couldn't quite keep him in contact with Perez. He finished in 1:23:31, 62 seconds ahead of Lopez.

The conditions seemed to be particularly hard on the U.S. walkers, who were considerably further off their best than were the leaders. Tim Seaman came in 7th in 1:33:24 and John Nunn eighth in 1:35:34.

The next day conditions were still nearly unbearable and the women started very conservatively on their 20. At 5 Km, seven of the ten competitors were bunched together in a slow 25:08. The pace heated up considerable on the next 5, with 10 Km reached in 48:52 (23:44 for the second 5), but six of the seven were still right together.

However, when Palacios pushed it even faster to reach 15 Km in 1:21:13 (23:25), only mer countrywomen Rosario Sanchez and US vet Joanne Dow were still with her. The race between the three continued the rest of the way with Palacios pressing hard to get away, finishing with a 23:03. Dow battled to stay on terms with the other two, but gradually dropped away. Still, her 1:35:48 was a great effort in the conditions. Palacios broke away from Rosario in the final stages to win by 5 seconds in 1:35:16. The other U.S. walker, Amber Antonia, walked a very steady race to take eighth in 1:42:45.

Dow commented after the race: "I thought I'd be 5 minutes off my time in the Nationals (she was only a minute off) due to the heat and humidity here. The Mexicans walked a smart race and that helped keep it under control. I walked the shortest race of the group. I followed the tangent and stayed with the curve of the road."

In the 50 two days later, German Sanchez claimed the gold with a 4:05:01 effort, not bad in the still steamy conditions. Mario Santos of Brazil was second in 4:07:37 and Guatemala's Julio Martinez captured the bronze. For the U.S., Philip Dunn was fifth in 4:25:49 and Sean Albert was DQ'd at about 35 Km.

Results: Women's 20 Km, Aug. 6--1. Victoria Palacios, Mex. 1:35:16 (25:08, 48:52, 1:12:13) 2. Rosario Sanchez, Mex. 1:35:21 (25:08, 48:52, 1:12:14) 3. Joanne Dow, US 1:35:48 (25:08, 48:53, 1:12:15) 4. Geovana Irusti, Bolivia 1:37:08 (25:08, 48:53, 1:12:20) 5. Ariana Quino, Bolivia 1:38:43 (25:08, 48:53, 1:13:29) 6. Sandra Zapata, Columbia 1:39:49 (25:08, 48:53, 1:13:59) 7. Natividad, Guatemala 1:39:18 (25:08, 49:48, 1:14:22) 8. Amber Antonio, USA 1:42:45 (25:20, 50:44, 1:16:33) 9. Cristina Rodriguez, Dominican Rep. 1:51:47 10. Francisca Lora, Dom. Rep. 1:52:30

Men's 20 Km, Aug. 5--1. Jefferson Perez, Ecuador 1:23:06 2. Bernardo Segura, Mexico 1:23:31 3. Alejandro Lopez, Mexico 1:24:33 4. Luis Lopez, Colombia 1:27:31 5. Hernandez, Colombia 1:28:06 6. Cristian Muoz 1:31:09 7. Tim Seaman, US 1:33:24 8. John Nunn, US 1:35:34  
50 Km, Aug. 8--1. German Sanchez, Mexico 4:05:01 2. Mario Santos, Brazil 4:07:37 3. Julio Martinez, Guatemala 4:12:14 4. Sergio Galdino, Brazil 4:24:42 5. Philip Dunn, US 4:25:49 DNF--Jorge Pino, Cuba; Reuben Dario Javiel, Dom. Rep. DQ--Sean Albert, US and Omar Zepeda, Mexico.

#### Other Results

**10 Km, Niagara Falls, N.Y., July 26--**1. Pierre-Luc Menard (19), Canada 47:35 2. Allen James 47:50 3. Jim Robinson 48:02 4. Zac Pollinger (17) 48:20 5. Nicholas Bders (50+) 51:51 6. Joseph Trapani 52:24 7. Rod Craig (45+) 51:51 8. Michael Hain 52:38 9. Dave Lawrence (45+) 53:19 10. Mel McGinnis (40+) 53:24 11. Terran Swehosky 54:23 12. Nanci Sweazey (45+) 54:43 13.

Maria Michta (17) 54:51 14. Jennifer Reekie 54:59 15. Cheryl Rellinger 55:29 16. Chelsea Rodriguez 55:30 17. Guy Paquin (45+) 55:51 18. Ed Fitch (40+) 55:52 19. Jasmine Brooks 56:16 20. Rachel Lavelle 56:41 21. Troy Clark 56:58 22. Dan Campbell 56:59 23. Vince Peters (45+) 57:11 24. Carly Lochala 57:28 25. Katharine Cashman (40+) 58:22 26. Laura Feller 58:40 27. Erin Taylor 59:10 28. Pablo Henriquez 59:23 29. Debbie Topham (50+) 59:25 30. Marc Olshan (55+) 59:26 31. Lily Whalen (50+), Canada 60:00 32. Tina Peters (16) 60:28 33. Jane Ashley 61:14 34. Terry Krystek (45+) 61:35 35. Limei Tan 61:36. 41--Jim McGrath (65+) 64:23 (53 finishers) **3 Km, New York City, Aug. 3--**1. Greg Dawson 14:36 2. Erin Taylor 15:54 3. Gary Null (58) 16:10 4. Bruce Logan 16:11 5. Bob Barrett (69) 17:01 6. Jennifer Marlborough 17:23 7. Aimee Daawson 17:55 8. Manlio Mondo (56) 18:17 9. Luannes Pennesi (48) 18:18 10. Brian Culley (62) 18:31 11. Michael Kazmierczek (16) 18:36 12. Elizabeth McCormick 18:38 13. Jon Qalam (52) 19:09 (28 finishers, 5 DQs) **5 Km, Durham, N.C., Aug. 2--**1. Grace Mutz (43) 32:42 Men--1. Ole Hosti (69) 33:53 2. Ken Long (75) 34:29 **USATF Junior Olympics, Miami, July 29:** Bantam Boys 1500--1. Anthony, PS Vegas Flyers 8:57.42 2. Michael Nemeth 9:09 3. Jonathan Hallman, Woodstock Tr 9:09 (9 finishers, 1 DQ) Midget Boys 1500 meters--1. Trevor Barron, Pacer 7:26.07 2. Andrew Adams, Spaartanburg 7:37 3. Alike Okamitsu, Diablo Valley TC 7:38 4. Kyle Regul, Elgin Sharks 8:00 5. Andres Jame, S. Texas 8:07 6. Matthew Forgues, Wiscasset Rec 8:11 (16 finishers, 1 DQ) Youth Boys 3 Km--1. Jose Moncada, Brea TC 15:21.58 2. Roberto Vergara, S. Texas 15:26 3. Richardo Vergara, S. Texas 16:09 4. Eric Lawson, Elgin Sharks 16:38 5. Andy Peters, Miami Valley 17:37 (14 finishers, 1 DQ) Bantam Girls 1500 meters--1. Claudia Ortiz, South Texas 8:26.90 2. Jessical Reybal, S. Texas 8:40 3. Nicole Woelper, Pacesetters 9:07 4. Madeline Muraida, Albuquerque Athletics 9:22 (17 finishers) Midget Girls 1500 meters--1. Caroline Muraida, Abq. Athletics 7:31.28 2. Samantha Olivarez, South Texas 7:35 3. Irais Villa, Elgin Sharks 8:02 4. K.C. Keegan-Twombly, Diablo Valley TC 8:02 5. Tyeasha Savage, New York Sta. 8:06 6. Ariel Callis, Texas Storm 8:07 7. Jeannette Avitia, South Texas 8:08 (17 finishers, 3 DQs) Youth Girls 3 Km--1. Susan Muraida, Abq. Athletics 16:20.07 2. Alexandra Bishop, Brea TC 17:13 3. Allison Snochowski, un. 17:24 4. Ruby Perez, South Texas 17:29 5. Corina Orti, South Texas 17:29 (20 finishers, 1 DQ) August 1: Intermediate Girls 5 Km--1. Dana Vered, un. 27:34.79 2. Tina Peters, Miami Valley TC 28:11 3. Katy Hayes, Lake Country Rec. 28:23 4. Le'erin Voss, Lake Country 30:10 5. Lauren Forgues, WiscassetRec 30:16 (14 finishers) Young Women 5 Km--1. Jennifer Reekie, un. 27:22.48 2. Abby Berg, Lake Country 28:08 3. Mahala Stewart, un. 28:10 4. Annie Nemeth, un. 29:01 (5 finishers, 1 DQ) Intermediate Boys 5 Km--1. Jared Swehoskey, Salem TC 23:30.93 2. Paul Regul, Elgin Sharks 27:51 3. John Koziel, un. 28:26 4. Timothy Davidson, New York Sta. 28:39 (11 finishers, 1 DQ) Young Men 5 Km--1. Zachary Pollinger, New Jersey S 24:18.28 2. Terran Swehoskey, Salem Track 25:14 3. Christopher Diaz, South Texas 26:25 4. Adrian Jaime, South Texas 28:24 5. Michael Lee, Heartland RW 29:21 6. James Hertneky, Lake Country 32:45 (6 finishers) **5 Km, Orlando, Fla., Aug. 17--**1. Lisa Sonntag 27:01 2. Sandra DeNoon (40+) 33:40 3. Veverly Burjon (40+) 33:54 Men--1. Don DeNoon (60) 26:09 2. Jeremy Evans (16) 32:08 3. Tom Forman (50+) 33:15 **5 Km, Mobile, Ala., Aug. 8--**1. Nicholas Burrows (54) 26:59 2. Monetta Roberts (44) 27:53 3. John Vignes (54) 32:57 (9 finishers) **Ohio 5 Km, Cincinnati, Aug. 10--**1. Tina Peters 29:38 2. Gwen Thomas (55+) 33:34 (6 finishers) Men--1. Jim Robinson 22:36 2. Eric Smith 24:58 3. Ed Fitch (40+) 27:41 4. Jerry Muskal (45+) 29:50 5. John Fischer (55+) 30:17 6. Darryl Davis (50+) 30:31 7. Andy Peters (14) 31:11 8. Bill Whipp (55+) 32:10 9. David Kreimer (55+) 32:30 10. Mike Johnson (50+) 33:49 (14 finishers) **Michigan 5 Km, Aug. 24--**1. Rod Craig (45) 23:54 2. Dan O'Brien 24:06 3. Leon Jasionowski (58) 25:54 4. Bill Reed (50) 27:20 5. Ken Lampar 28+ 6. David Pichey (57) 28:41 7. Don Ramsden (56) Canada 30:02 8. Don Knight (57) 30:37 9. Rick Sack (54) 31:07 10. Marshall Sanders (62) 32:38 11. Tom Belford Jr. (54) 32:45 (25 finishers) Women--1. Lynette Heinlein (46) 30:30 2. Susan Mora Fassett (40) 30:43 3. Gloria Foley (47) 31:27 4. Mary Franklin (41) 31:35 5. Walda Tichy (62) 32:35 6. Sperry Rademaker (63) 33:59 7. Aggie Ramsden (54) Canada 34:33 8. Debbie Erwin



(51) 34:35 (17 finishers) **AAU Junior Olympics, Ypsilanti, Mich., July 23-30:** Bantam Girls 1500--1. Claudia Ortiz, Tex. 8:20.04 2. Amani Salinas, Ill. 8:34 Bantam Boys 1500--1. Ian Greer, Ohio 9:01 Sub-Midget Girls 1500--1. Brooke Shannon, Tex. 8:37.47 2. Bailey Shannon, Tex. 8:37.86 3. Maria Villareal, Tex. 8:41 Sub-midget Boys 1500--1. William Mix, S.D. 8:56 Midget Girls 1500 meters--1. Samantha Olivarez, Texas 7:55.77 2. Alesha Cain, Maryland 8:17 3. Rachel Aposteles, Vir. 8:19 Midget Boys 1500--1. Kyle Regul, Ill. 7:38.81 2. Andrew Jaime, Texas 8:06 3. Christopher Stuart, N.J. 8:15 Youth Girls 3 Km--1. Allison Snochowski, N.J. 16:39.14 2. Ruby Perez, Tex. 17:19.42 3. Corina Ortiz, Tex. 17:19.51 4. Amanda Huff, Kentucky 17:35 Youth Boys 3 Km--1. Roberta Vergara, Tex. 15:29.52 2. Ricardo Vergara, Tex. 15:57 3. Eric Lawson, Ill. 16:31 Intermediate Girls 3 Km--1. Dana Vered, N.J. 16:41.52 2. Amanda Johnson, Ken. 17:57 Intermediate Boys 3 Km--1. Paul Regul, Ill. 14:55.43 2. Tim Davidson, N.Y. 15:01 3. Ernesto Vergara, Tex. 16:57 Young Women 3 Km--1. Anine Stanley, N.Y. 16:34.11 2. Katrina Lease, N.J. 16:36 3. Kelli Johnson, Ken. 17:57 Young Men 3 Km--1. Christopher Diaz, Tex. 14:51.22 2. Adrian Jaime, Tex. 16:06 3. Marcel Raphael, Fla. 16:49 **12th Annual Weinacker Cup, Marysville, Mich., Aug. 3:** Men's 10 Km 1. Gordon Mosher, Ontario 49:08 2. Rod Craig, Mich. 50:44 3. Dan O'Brien, Mich. 51:51 4. Ken Lampar, Mich. 59:04 5. Victor Sipes, Mich. 62:35 6. Yves Nugent, Ont. 78:39 Women's 5 Km--1. Nanci Sweazey, Ont. 25:59 2. Chelsea Rodrigiez, Ont. 26:22 3. Kitty Cashman, Ont. 27:29 4. Debbie Topham, Mich. 27:52 5. Ashley Jane, Ont. 28:30 6. Rachel Lavallee, Ont. 29:20 7. Mary Franklin, Mich. 29:35 8. Lynette Heinlein, Mich. 29:40 9. Rachel van der Zwet, Ont. 31:32 10. Sherry Watts, Ont. 31:47 11. Walda Tichy, Mich. 32:17. Team: Ontario 23 Michigan 13 (Scoring 7-5-4-3-2-1 for places 1 through 6, and considering each team's first three finishers.) **5 Km, Denver, June 29--1. Mike Blanchard (41) 27:10 2. Steve Gardiner (49) 28:41 3. Jerry Davis (40) 28:44 5 Km, Lakewood, Col., July 12--1. Daryl Meyers (60) 30:17 5 Km, Aurora, Col., July 20--1. Mike Blanchard 27:51 2. Marianne Martino (53) 3:12 3. Daryl Meyers 31:57 Colorado Senior Games, Greeley, Aug. 2-3: 1500 meters--1. Marianne Martino 8:15 2. Daryl Meyers 8:32 3. Bob Gaston 8:47 4. Sherrie Gossert 9:25 5 Km--1. Marianne Martino 29:25 2. Daryl Meyers 29:49 3. Bob Gaston 32:25 **Top 1600 meter times through July 16 at Allcomers meets at Van Nuys, Cal.--Amanda Gorst (16), New Zealand 7:41.2; Larry Walker (60) 8:04.6 (Hey, Larry's still pretty quick for someone who doesn't seem to race much anymore--1976 Olympic team); Andy Hecker (48) 8:35.4; Yoko Eichel (56) 8:56.3; Deo Jarvata 9:13.5; Amelia Adams (16) 9:43.5. 5 Km, Fontana, Cal., June 7--1. Andreas Gustafsson 23:10 2. Mario Lopes (48) 25:04 3. Mike Kroll (49) 25:30 4. Eric Fisher (53) 27:09 5. Jesus Orendain (61) 27:36 6. Jesus Torres 28:28 7. Ronald Brown (60) 29:38 Women--1. Francine Avellaneda 31:23 2. Nancy Brinkley (63) 32:02 3. Carol Kresse (14) 32:45 5 Km, Pasadena, Cal., June 22--1. Pedro Santoni (46) 26:13.5 2. Donna Cunningham (56) 29:34.1 3. Deborah Raymer (47) 30:18 4. Dawn Beigel (42) 30:21 5. Jolene Steigerwalt (59) 31:05 6. Alan Eda 32:08 7. Bob Nyman (44) 33:03 8. Carl Acosta (69) 33:50 (18 finishers) **10 Km, same place--1. Joe Nieroski (41) 50:52.8 2. Margaret Govea (41) 57:26 3. Mario Lopez (45) 59:31 4. Rick Campbell (57) 62:14 (7 finishers) 50 Km, San Francisco, April 19--Eric Poulsen (51) 5:24:47 (walked in a running race) 12 Hour, San Mateo, Cal., July 19--Eric Poulsen 59.7 miles, Dave Littlehales (54) 47.2 miles 10 Km, Kentfield, Cal., July 20--1. Joe Berendt 55:48 2. Shoja Torabian 56:00 3. Nicole Goldman 61:48 4. Shirley Dockstadter 67:17 5. Trish Caldwell 67:25 (10 finishers) **2nd race same place--1. Kevin Killingsworth 55:26 2. Jack Bray 59:20 3. Jim Beckett 63:58 4. S. Desmond Canning 64:55 (8 finishers) 5 Km, Kentfield, July 27--1. Shoja Torabian 27:54.14 2. Jack Bray 27:56 3. S.D. Canning 32:00 4. Joan O'Brian-Hakin 32:11 5. Ed Lane 32:30 5. Shirley Dockstadter 32:36 7. Doris Cassels 33:03 8. Stu Kinney 33:53 (17 finishers) **Pacific 1 Hour Championship, Aptos, Cal., Aug. 24--1. Nicolle Goldman (44) 9473 meters 2. Hansi Rigney (61) 9147 3. Trish Caldwell (57) 8898 (7 finishers) Men--1. Ed Parrot 12,121 (49:22 at 10 Km) 2. Bill Penner (56) 10,319 3. Dick Petruzzi (70) 9260 4. Alex Price 9123 (7 finishers) **USATF National************

**Masters, Eugene, Ore., Aug. 7-10:** Women's 5 Km: 40-44--1. Kelly Murphy-Glenn 26:55.54 2. Teresa Aragon 27:08 3. Margaret Govea 27:21 4. Nicolle Goldman 29:00 5. Ginger Armstrong 32:00 45-49--1. Maryanne Torrellas 25:52.68 2. Lynette Heinlein 30:31.50-54--1. Mary Snyder 27:21.5=64 2. Debbie Topham 27:23 3. Marianne Martino 28:01 4. Carol Wilkinson 32:12 5. Judy Witt 32:14 6. Doris McGuire 32:59 (8 finishers, 1 DQ) 55-59--1. Donna Cunningham 28:54.70 2. Kathleen Frable 31:11 3. Mary Baglin 31:30 4. Jolene Steigerwalt 31:45 5. Trish Caldwell 31:51 6. Coco Beuchet 32:06 (8 finishers) 60-64--1. Joan Christensen 31:37.37 2. Doris Cassels 32:31 3. Karen Murphy 32:35 4. Marjorie Garner 32:54 5. Donna Lafayette 33:11 6. Rebecca Gilman 33:16 7. Nancy Brinkley 34:01 65-59--1. Bev LaVeck 30:48.00 2. Joanne Elliott 33:14 3. Joan Berman 34:53 4. Shirley Capps 35:16 5. Linda Burnett 35:25 6. Sara Lee Warberg 37:47 70-74--1. Shirley Dockstadter 32:40.97 (3 finishers) 75-79--1. Miriam Gordon 37:54.20 80-84--1. Jane Dana 39:00.25 2. Fan Benno-Caris 45:40 Men's 5 Km: 40-44--1. Joe Nieroski 24:48.56 2. Tommy Aunan 26:45 3. Michael Blanchard 26:46 (5 finishers) 45-49--1. Pedro Santoni 25:50.64 2. Joe Berendt 27:14 3. Mario Lopez 27:27 4. Doug Vermeer 29:55 5. Bartib Jake 39:37 50-54--1. Michael Wiggins 25:07.15 2. Bill Reed 25:59 3. Pat Detloff 26:07 4. Bob Novak 26:58 (1 DQ) 55-59--1. Richard McGuire 26:03.64 2. Max Walker 26:22 3. Norm Frable 26:31 4. Stan Chraminski 26:49 5. Richard Campbell 29:24 6. Peter Armstrong 29:30 60-64--1. George Opsahl 28:31.17 2. John Backlund 29:28 3. Alan Ede 31:02 4. Wil Williams 32:03 5. Richard Zerbe 32:38 6. Stu Kinney 32:48 (1 DQ) 65-59--1. Paul Johnson 27:04.53 2. L. Calvin Brown 30:28 3. Ed Lane 32:30 4. Arvid Rolle 33:12 5. Carl Acosta 22:18 6. Spencer Parrish 35:12 70-74--1. Jack Bray 27:51.03 2. Ron MacPike 32:52 3. Dick Vaughn 33:56 4. Lloyd McGuire 35:12 5. Jack Munnell 36:28 75-79--1. Jack Starr 30:57.45 2. William Moremen 33:12 3. Masashi Noritake 36:41 80-84--1. John Levisohn 41:37 2. Troy Grove 60:36 Women's 10 Km: 40-44--1. Kelly Murphy-Glenn 56:11 2. Margaret Govea 57:05 3. Teresa Aragon 59:39 4. Nicolle Goldman 59:50 5. Carmen Jacinsky 60:07 6. Kim Miller 62:00 (8 finishers) 45-49--1. Lynette Heinlein 62:06.00 2. Pavvena Nieroski 73:55 50-54--1. Mary Snyder 57:20 2. Debbie Topham 58:02 3. Marianne Martino 58:09 4. Gayle Johnson 58:45 5. Ann Gerhardt 60:09 6. Carol Wilkinson 66:34 (9 finishers) 55-59--1. Donna Cunningham 59:18 2. Kathleen Frable 64:22 3. Coco Beuchet 65:26 4. Jolene Steigerwalt 65:43 5. Trish Caldwell 66:33 6. Carol Bertino 67:43 60-64--1. Hansi Rigney 65:23 2. Joan Christensen 65:40 3. Doris Cassels 67:48 4. Karen Murphy 67:52 5. Donna Lafayette 68:41 (8 finishers) 65-59--1. Joanne Elliott 67:54 2. Linda Burnett 73:35 3. Joan Berman 73:37 70-74--1. Shirley Dockstadter 67:37 75-79--1. Miriam Gordon 78:35 89-84--1. Jane Dana 78:35 85-59--1. Fan Benno-Caris 93:40 Men's 10 Km 40-44--1. Joe Nieroski 50:13 2. Will Preischel 53:08 3. Tommy Aunan 54:59 4. Michael Blanchard 55:20 5. Colin Peters 57:34 (7 finishers) 45-49--1. Pedro Santoni 54:58 2. Joseph Berendt 55:59 3. Mario Lopez 58:08 50-55--1. Michael Wiggins 50:01 2. Pat Detloff 53:40 3. Bill Reed 54:21 4. Mike DeWitt 55:46 5. Bob Novak 56:28 6. Roderick MacElwain 59:11 55-59--1. Max Walker 53:48 2. Richard McGuire 54:24 3. Norm Frable 54:33 4. Stan Chraminski 55:48 5. Bill Harriman 59:27 6. Richard Campbell 60:34 7. Peter Armstrong 61:58 (9 finishers) 60-64--1. George Opsahl 59:11 2. John Backlund 61:31 3. Alan Ede 65:04 4. Wil Williams 57:39 5. Stu Kinney 68:52 65-69--1. Paul Johnson 56:30 2. L. Calvin Brown 62:49 3. Arvid Rolle 67:56 4. Ed Lane 68:39 5. Carl Acosta 69:18 70-74--1. Jack Bray 58:56 2. Ron MacPike 68:14 3. Tom Cunningham 69:38 4. Dick Vaughn 70:05 (2 DQs) 75-79--1. Jack Starr 65:10 2. William Moremen 69:28 3. Masashi Noritake 75:40 80-84--1. John Levinson 87:11 (1 DQ) **5 Km, Seattle, July 26--1. Bob Novak (54) 27:08.1 2. George Opsahl (61) 28:20 3. Bart Kale (47) 31:03 4. Bev LaVeck (67) 31:41 5. Dick Zerbe (64) 33:32 6. Paul Kaald (70) 34:04** **Women's 10 Km, Spain, Aug. 2--1. Maria Vasco 44:30.46 2. Mari Cruz Diaz 44:42 3. M.J. Poves 46:23 4. Beatriz Pascual 46:42 Men's 20 Km, same place--1. Francisco Fernandez 1:24:10 2. David Marquez 1:24:56 3. Jose Cambil 1:25:20 4. Jose Dominguez 1:25:44 5. J.I. Silva 1:26:36 6. Mikel Odriozola 1:17:23 7. Jesus Garcia 1:27:32 8. Daniel Garzon 1:30:49 9. J.R. Pinera**



1:31:10 10. David Sanchez 1:32:02 **Finnish National 20 Km, Helsinki, Aug. 9--1.** Jani Lehtinen 1:28:17 **Finnish National Women's 10 Km, same place--1.** Outi Sillanpaa 49:04 **European Junior 10 Km, Tampere, Finland, July 26--1.** Vladimir Parvatkin, Russia 41:33.55 2. Michal Blazek, Slovakia 41:55 3. Francisco Arcilla, Spain 42:07 4. Andrei Jurin, Ukraine 42:54 5. Benjamin Sanchez, Spain 43:26 6. Michael Krause, Germany 44:02 7. Jim Chaloupka, Czech Rep. 44:19 8. Sergei Vasiljev, Russia 44:19 9. Luis Corchete, Spain 44:32 10. Diogo Martins, Portugal 44:33 11. Anton Kucmin, Slovakia 44:44 12. Vladimir ?, Serbia 44:55 **Finnish Jr. 10 Km, Espoo, Aug. 16--Under 23:1.** Eero Turpeinen 45:21 2. Janne Merilainen 47:09 Under 19--1. Jarkko Kinnunen 48:06 2. Kalevi Jaaskelainen 50:42 Women under 23 5 Km--1. Marja Penttinen 24:45 Women under 19 5 Km--1. Mirke Hamalainen 25:26 **10 Km, Rotorua, New Zealand, Aug. 9--1.** Glenn Burrell 48:21 2. Gary Little (61) 49:59

## Walk the Walk

Sat. Sept. 6 5, 10, and 20 Km, Edmonton, Canada (C)  
1 Hour, McLean, Vir., 9 am (O)  
8 miles, Mackinac Island, Mich. ((D))  
Sun. Sept. 7 1 Hour, Kentfield, Cal. (P)  
5 Km, Stapleton, Col., 8 am (H)  
Drazin Memorial 5.2 Miles, Interlaken, NJ, 11:45 am (A)  
Sat. Sept. 13 2.8 miles, Seattle, 9 am (C)  
5 Km, Portage, Mich. (D)  
Colorado Masters 10 Km, Chatfield, 8 am (H)  
Sun. Sept. 14 **National USATF 40 Km, Ocean Twp., N.J., 87:30 am (A)**  
5 Km, Denver, 9 am (H)  
15 Km, Oakland, Cal. (CC)  
1 Hour, McLean, Vir. (O)  
Sat. Sept. 20 5 Km, Denver, 8 am (H)  
**National USATF 5 Km, Kingsport, Tenn. (F)**  
Sun. Sept. 21 5 Km, Denver, 8 am (H)  
10 Km, Long Beach, N.Y. (K)  
Sat. Sept. 27 North Region 5 Km, Chicago (L)  
Sun. Sept. 28 5 Km, Denver, 8 am (H)  
10 Km, Houston, Tex. (V)  
1 Hour, Royal Oak, Mich., 10 am (W)  
Sat. Oct. 4 Illinois 1 Hour, Chicago area (L)  
Ozark 1 Hour, St. Louis (I)  
New Hampshire Marathon and 5 Km, Bristol, 9 am (N)  
Sun. Oct. 5 1 Hour, McLean, Vir. (O)  
Half-Marathon, Sandy Hook, NJ, 9 am (A)  
Half-Marathon, Sacramento, Cal. (E)  
Detroit Marathon (W)  
Indiana 1 Hour, Franklin (S)  
West Region 1 Hour, Aurora, Col. (H)  
Sat. Oct. 11 Ohio 1 Hour, Yellow Springs (M)  
2.8 Miles, Seattle, 9 am (C)  
5 and 10 Km, Rio Rancho, N.M., 9 am (BB)  
Sun. Oct. 12 1 Hour, Banks, Ore. (C)  
Sat. Oct. 18 Ontario 20 Km Championship, Welland, 11 am ((B))

Sun. Oct. 19 Columbus Marathon, Columbus, Ohio (U)  
**USATF National 50 Km, Hauppauge, NY (Z)**  
Wed. Oct. 22 15 Km, Coconut Creek, Fla. (Q)  
Sat. Oct. 25 5 Km, Denver, 9 am (H)  
10 Km, Seaside, CA (CC)  
Sun. Oct. 26 10 Km, Atlanta (J)  
1 Hour, McLean, Vir., 9 am (O)  
5 Km, Albuquerque (BB)  
Fri. Oct. 31 5 Km, Denver, 6:30 pm (H)  
Sun. Nov. 2 5 Km, Sacramento, CA (P)  
Indiana 20 Km Championship, Evansville (S)  
Sun. Nov. 9 1 Hour, Kentfield, Cal. (P)

## Contacts:

A--Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764  
B--Roman Olszewski, 45 Wellandvale Drive, Welland, Ontario M9A 4J9, Canada  
C--Bev LaVeck, 511 Lost River Road, Mazama, WA 98833  
D--Bill Reed, 8242 Greenfield Shores, Scotts, MI 49088  
E--Sierra Race Walkers, P.O. Box 5221, Fair Oaks, CA 95628  
F--Bobby Baker, 423-578-2061  
G--Stella Cashman, 320 East 83rd St., New York, NY 10028  
H--Bob Carlson, 2261 Glencoe St., Denver CO 80207  
I--Virginia Mualanz, 314-83809486  
J--Walking Club of Georgia, P.O. Box 190011, Atlanta, GA 31119  
K--Gary Westerfield, 350 Old Willets Path, Smithtown, NY 11757  
L--Diane-Graham Henry, 442 West Belden, Chicago, IL 60614  
M--Vince Peters, 607 Omar Circle, Yellow Springs, OH 45387, 937-767-7424  
N--Everett Begor, 603-744-3335, [littleton@fcgnetworks.net](mailto:littleton@fcgnetworks.net)  
O--Sal Corrallo, 72 Creek Drive, Millsboro, DE 19966  
P--Jack Bray, Marin Racewalkers, P.O. Box 21, Kentfield, CA 94914  
Q--Florida Athletic Club-Walkers, 3331 NW 22nd St., Coconut Creek, FL 33066  
R--Ron Daniel, 1289 Balboa Court, Apt. 149, Sunnyvale, CA 94086  
S--Cheryl Sunman, 7060 North Woodnotes, Fairland, IN 46126  
T--Mike DeWitt, Track Coach, UW Parkside, Kenosha, WI, [dewitt@uwp.edu](mailto:dewitt@uwp.edu)  
U--[www.columbusmarathon.com](http://www.columbusmarathon.com)  
V--Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072  
W--Frank Soby, 4157 Colonial Drive, Royal Oak, MI 48073  
X--Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)  
Y--Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201  
Z--Mike Roth, 631-979-9603  
AA--Justin Kuo, 30 Oakland Road, Brookline, MA 02146  
BB--New Mexico Walker, PO Box 16102, Albuquerque, NM 87191  
CC--Laura Cribbins, 2937 El Sobrante Street, Santa Clara, CA 95051

## FROM HEEL TO TOE

**Correction.** The results of the National 20 Km originally distributed and printed in the Ohio Racewalker were in error as regards Mike Stanton. Mike was listed in 12th place with a 1:38:34. However, he had walked a lap too far. The error was corrected right after the race, but did not get into the results that were distributed. So, Mike was actually 11th in 1:36:33. . . **Ohio walker**

**ranked third in the world.** This item from Vince Peters to his Ohio constituency: "Nice headline isn't it. And true. Ohioan Mat Boyles, a senior this fall at Rio Grande University, is the third ranked walker on an outdoor track in the world so far this year. Granted, there really weren't many 3 km races on the track to date, but his 11:58 is the fastest time in the USA this year and actually a world class time." Vince picked up the ranking on an internet site of racewalking lists. . **Thanks.** Thanks to all of you who include notes of appreciation on your renewal slips. Its always nice to know one's efforts are appreciated.

*Recently, I saw something on the internet about a backwards walker. I knew I had published something on such a man many years ago, but I couldn't identify it to plug into the internet dialogue. Then, in looking through some of my other material, I came across Vol. 1, No. 1 of the Walking! Journal (yes, the exclamation is part of the title) published in Athens, Georgia in the summer of 1983. One surprise was that I was listed as the Racewalking contributor, a position I don't remember ever holding. I'm not sure there was ever another issue of the publication, at least I don't have any more. But getting back to where we started, lo and behold that issue had an article on Plennie L. Wingo, the very man that I published material on those many years ago. I believe it was Bob Mimm who supplied material on him at that time. Well, anyone who walks around the world backwards deserves a little more publicity even though he's not around anymore. So here, for your edification, is the article from the long forgotten Walking! Journal.*

## GNIKLAW SDRAWKCAB

by Duane Valentry  
*Walking! Journal*, Vol. 1 No. 1, Summer 1983.

It's not the same. Ask a man named Plennie L. Wingo, whos lifelong hobby it has been "Children and adults stare. Dogs bark, people doubt your sanity," says Wingo, now in his mid-80s with his feats that no athlete has yet challenged.

Why for goodness sake? Well, the man with the unusual name and hobby to match, the only man in the world to walk around the world backwards, began during the Depression when, out of work, he had the unusual idea and got Ripley of "Believe It or Not" to sponsor him. Toting a sign advertising the Fat Stock Show at Fort Worth, he made headlines. Trekking around the globe came next, and it not only made him famous, but he feels it has kept him young.

"I always kept in good condition. I tell people I ran my meter backwards so long I didn't get old!"

The Big Trip began April 15, 1931 from Fort Worth, Texas, and ended October 24, 1932 at Istanbul, Turkey. Only a year or two ago, at 81, to demonstrate he could still do it, he made a 500-mile walk from San Francisco to Santa Monica, Cal. At his destination, as a surprise, he found Ripley's had a wax figur of him, which is now in one of their museums. He had worn out 13 pairs of shoes and 10 sets of metal taps.

Plennie has written a book on his experiences which he hopes to see published soon. His adventures required fortitude—especially when, for the hundredth time, some would ask if he had visited "any backward countries."

"I never cheated, never snitched a ride, never turned to walk forward," he says. "I just did my own stunt for my own satisfaction, over 8,000 miles in all." (Ed. *That's not quite around the world, but quite a feat nonetheless.*)

*Guinness Book of Records* decided no one else would likely make that claim, and his name and feat went into its pages. Doctors took note, too, since he had consulted them before striking out on his jaunts.

"Those I consulted said walking backwards would be very tiresome, a strain on the person, to say nothing of involving probable falls or stumbles. So I went into training in a remote area for 6 months until I had little difficulty in going backwards as well as forwards."

As aids, he devised a small rearview mirror attached to his glasses and carried a cane. Stepping out looking quite dapper, he usually sported a ribbon or two telling what he was doing and who he was. A sense of humor and his fortitude were inner baggage, especially needed when he started his first backwards hike without money.

"It was cause for me to do anything legal or honorable to make it. So sometimes I wore placards from one town to another to charge for advertising. I even walked on an 18-inch-wide ledge or a 12-story building backwards to advertise merchants in one town." Traffic used to move aside for the "crazy man going backwards," but today things are harder he says, "With population and car increase it's a problem getting on highways. You have to find alternate routes or you can get into trouble."

Aware of the risks, he exercised caution and kept his mind on what he was doing. There were a few falls, as would happen over 8,000 miles going frontwards, no doubt, and some narrow escapes, but nothing serious.

Once he left from Yuma, Arizona to walk 200 miles backwards in eight days with temperatures at 2 pm passing 120 degrees!

Between hikes, Wingo and his ever-patient wife, who accompanies him by car on some of the more recent walks, managed restaurants and a boys' camp. Whenever he was ready to quit for the night on his long peregrinations, he would leave a marker to begin the next day and hitchhike to a motel. He made many friends and received more invitations to dinner and a night's lodging than he could accept. But people could be odd, too.

"Some, when they would see me, would go in their houses and peek out curtains. Sometimes they'd cross the street but when we were about even I'd shout a shrill good morning or afternoon. They would then ignore me and walk faster like they were really afraid of me!"

It takes courage to walk backwards and it probably will be a long, long time before anyone walks Plennie Wingo out of the record books.

### LOOKING BACK (But not backwards.)

**35 Years Ago** (From the August 1968 ORW)—Larry Young was hot at the Olympic Training Camp in Lake Tahoe's high altitude. He turned in a 1:16:53 for 10 miles, 1:34:42 for 20 Km, and 2:27:46 for 30 Km. Don DeNoon gave him a close race in the 20 and also did 21:50.5 for 5 Km, beating Tom Dooley by 1.5 seconds. . . The National 40 Km, firmly enplanted in Long Branch, N.J., went to Dave Romansky in 3:30:34, with Goetz Klopfer less than 3 minutes back. The NYAC won the team title with Ron Daniel, Ron Kulik, and John Knifton finishing 3,4,6.

**30 Years Ago** (From the August 1973 ORW)—The feature story was on the possibility of walking being removed from the Olympics. As it turned out, we did lose the 50 Km in Montreal in 1976, but it was back in again for Moscow in 1980 (minus any U.S. athletes, thanks to Jimmy Carter's boycott). A lot of hard work by a lot of people over several years prevented something worse happening. In the absence of the Olympic event, the IAAF held a world championship 50 Km in 1976. . . Randy Mimm and Mitch Patton were walkers on the first U.S. Junior T&F team to tour in Europe. They had 10 Km races in West Germany, Poland, and the USSR, both turning in their best times in the final meet—49:47 for Patton and 49:52 for Mimm. . . In Long Branch, John Knifton overcame Ron Laird to win the National 30 in a course record 3:29:45. Ron had 3:31:14.



. Gary Westerfield and Todd Scully were way back in third and fourth. . Shaul Ladany won both the 20 and 50 Km walks in the Maaccabiah Games in 1:35:54 and 4:30:31.

**25 Years Ago** (From the August 1978 ORW)--Still in Long Branch for the 40 Km national, Dan O'Connor prevailed in 3:31:25. Carl Schueler was 8 1/2 minutes back, beating Ron Daniel and Bob Kitchen. . England's Olly Flynn won the Empire Games 30 Km in Edmonton in 2:22:03. Australians Willi Sawall and Tim Erickson came next. Canadian Marcel Jobin had a bad day, and, after setting the early pace, settled for ninth. . Jim Heiring, having previously concentrated on shorter races, moved up to 30 Km with some success, winning the National title in 2:30:50. Augie Hirt was well back in second, ahead of John Knifton. . Otto Bartsch and Anatoliy Solomin won Soviet titles at 50 and 20 Km, respectively, in times of 3:56:36 and 1:23:30. The latter was the second fastest ever road 20 Km at the time. . Dave Cotton won the British 50 in 4:14:25, with a U.S. contingent of Dan O'Connor, Augie Hirt, Bob Kitchen, and John Knifton finishing 12th, 13th, 16th, and 24th.

**20 Years Ago** (From the August 1983 ORW)--In the first ever World Championship Track and Field Meet in Helsinki, Mexico's Ernesto Canto won the 20 Km walk in 1:20:49. He got away from Czechoslovakia's Josef Pribilinec in the last 2 kilometers to win by 10 seconds. The Soviet Union's Yevgeniy Yesyukov beat Spain's Jose Marin for the third medal. Canadian Guillaume Leblance was eighth. Jim Heiring was the first U.S. walker with 1:25:49 in 19th. . Five days later, the GDR's Ronald Weigel won the 50 in 3:43:08, as Marin came back to capture the silver (3:46:42). Sergei Junk of the Soviet Union was the third medalist in 3:49:03. Maraco Evoniuk, who also walked the 20 (he dropped out in 13th place when he was told he had another loop to complete near the end--he did not) was the first U.S. finisher with a brilliant 3:56:57 in eighth. There was no women's race in those ancient times. . Teresa Vaill won the 5 Km at an International Racewalking Festival on Long Island in 25:10.7. Susan Liers-Westerfield won the 10 Km in 52:09. . Finally, we repeat one of many attempts at racewalking limericks through the years:

Before going out for a stroll,  
Heed this advice rather droll.  
Put some grease where it's needed,  
Let this not go unheeded,  
Lest your skin pay a terrible toll.

**10 Years Ago** (From the August 1993 ORW)--The World Championships were held in Stuttgart, and the Spanish men dominated with two golds and a bronze. In the 20, Valentin Massana left the field well in his wake as he won in 1:22:31. Italy's Giovanni DeBenedictis was 35 seconds back at the finish, 12 second's clear of Spain's Daniel Plaza. Jaime Barroso completed a near sweep for the Spanish in fourth. Allen James, the only U.S. entrant, finished 17th in 1:26:53. In a closer race, Jesus Garcia won the 50 in 3:41:41 with Finland's Valentin Kononen (3:42:02) and Russia's Valeriy Spitsin (3:42:50) getting the silver and bronze. Canada's Tim Berrett, 19th in 20, finished seventh in 3:50:23. For the U.S., Jonathan Matthews had 4:02:52 in 19th and Herm Nelson 4:21:08 in 31st. Finland's Sari Essayah won the Women's 10 in 42:58, 10 seconds ahead of Ileana Salvador, Italy. Spain's Encamacion Granados captured the bronze in 43:21. Teresa Vaill was 22nd in 46:58, Debbi Lawrence 37th in 58:53, and Sara Standley 43rd in 51:01. . Gary Morgan won the National 25 Km in 3:02:31, 5 minutes ahead of Philip Dunn. . Winners at the U.S. Olympic Festival were Deb Van Orden (47:20), Jonathan Matthews (1:32:52), and Andrzej Chylinski (4:19:48).



Jefferson Perez (left) and Kevin Eastler (below) cruise the streets of Paris during the World Championship 20 Km race.

